

WHO IS THIS MENTORING PROGRAM INTENDED FOR?

This mentoring program is intended for young women and men in the five regions of Burkina Faso.

METHODOLOGY

Five mentors and 40 mentees (20 young women and 20 young men) will be recruited on a voluntary basis. The mentees are drawn from five regions of Burkina Faso: Centre/Ouagadougou, Centre Ouest/Koudougou, Hauts-Bassins /Bobo Dioulasso, Centre East/Tenkodogo and Centre Nord/Kaya for the 2024/2025 edition.

Each of the five mentors is responsible for monitoring 8 mentees. A mentoring agreement will be signed between the mentor and his/her mentees.

The large group will meet in hybrid format (online and face-to-face) once a month. Mentors and resource persons will lead the sessions.

Additionally, customized meetings will be held according to the needs of the mentees.

The kick-off meeting will be held on Saturday, June 1, 2024, and the closing hybrid (online and face-to-face) forum will be on Friday, January 31, 2025.

MENTORING CURRICULA

Building capacity on advocacy, policy dialogue and policy-making on the demographic dividend

Family planning;
Strengthening health systems to meet the needs of BF's population;

A quality education system in BF to enable young people to complete their studies - primary, secondary and even higher - and acquire the skills to adapt to the changing job market;
Suitable economic policies for harmonious development;
Suitable governance for harmonious development.

Enabling participants to identify their personal and professional goals, and overcome obstacles.

- Time management and organization
- Work-life balance
- Self-confidence/self-esteem
- Non-violent communication
- Emotional intelligence
- Leadership and management
- ICT, Google meet, LinkedIn , Canva
- Stress and wellness management strategy

Monitoring and Evaluation

Baseline knowledge assessment, end-of-course knowledge assessment, satisfaction survey. Possibility of referral to project incubators.

Certificate of attendance

A certificate of course attendance is issued at the end of the mentoring program, provided the participant has attended at least 80% of the course.

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COMMUNITY EMPOWERMENT

Group Mentoring Program for Demographic Dividend and Personal Development Advocacy in Burkina Faso



BACKGROUND AND RATIONALE

In sub-Saharan Africa, youth make up the largest proportion of the population, accounting for over a third of the population aged between 10 and 24.

In Burkina Faso (BF), according to the Family Health Department ("Beyond crises, investing in women's and girls' health in West Africa" webinar, February 22, 2024), the population stands at 21,700 [KHW1] (young, primarily female), with a growth rate of 2.9%. The fertility rate is 4.4 children per woman, with a maternal mortality ratio of 198 deaths per 100,000 live births and a neonatal death rate of 18 per 1,000 NV. Contraceptive prevalence is at 32%.

While the youthful population represents an opportunity for the country, it also faces enormous challenges, most notably the issue of sexual and reproductive health rights (SRHR), including early pregnancy, STI/HIV/AIDS, and gender-based violence.

"Mentoring is above all a sharing between two people who can contribute their ideas, experience and knowledge towards a common goal. It is a relationship based on trust, mutual caring, and tolerance," says the Montreal mentor guide.

This mentoring program is a contribution to the implementation of essential levers for demographic transition in Burkina Faso. It is designed to enable participants to understand that all individuals have freedoms and rights essential to controlling their lives, pursuing their education, entering the job market, and acquiring wealth.

PROJECT COVERAGE:

BURKINA FASO/ Centre, Centre East, Centre West, Centre North, and Haut Bassins regions

GOAL OF THE PROJECT

The overall goal is to support the implementation of levers critical to a demographic transition in Burkina Faso, while providing mentees with structured support aimed at developing a wide range of life skills.

The specific goals include:

- Building the capacity of the mentees to undertake advocacy, policy dialogue and policy development on demographic dividend;

- Enabling participants[KHW1] to identify their personal and professional goals, and to help them overcome barriers through one-on-one support;
- Creating a collaborative environment where participants[KHW2] share their experiences and offer advice, fostering mutual learning (networking).

PERIOD

June 1, 2024 to February 28, 2027, the project will be implemented in three stages for greater impact in the country. Each stage will last twelve (12) months

REQUIREMENTS TO SUPPORT THE PROJECT

Summary table for mentoring program costs

Items	Cost in XOF	Estimate in US \$
Monthly Internet connection (5000 per person x50)	250 000	415
Video projector	300 000	496,68
Development, printing and distribution of IEC materials (100 brochures, 100 leaflets, 1 kakemonos, 5 banners for the 5 regions, 100 T-shirt, 50 caps).	1 000 000	1655,62
Opening ceremony	500 000	827,81
Closing forum including funding for local mentees and travelling mentees including media coverage, room rental, funding for speakers	2 500 000	4139,07
OVERALL TOTAL	4 550 000	7 534,18

NB: Video projectors are not required in the 2 and 3 stages.